Hershey Outpatient Surgery Center

Patient Information
Not affiliated with Penn State or Hershey Medical Center

15 Hope Drive • Hershey, PA 17033
(717) 520-8200
Hours: 6:00 AM – 5:00 PM
THE DAY BEFORE SURGERY:

Please call the surgery center the day before your procedure to confirm your arrival time. You may call (717) 520-8200 as early as 9:00 am.

Because preparing for surgery is very important to assure your safety and the best possible experience, we have listed some important rules for you to follow. Ignoring these may cause your surgery to be delayed or cancelled.

IF YOU ARE HAVING ANESTHESIA/SEDATION:

- Do not eat or drink anything after 12:00 am the night before (this includes: chewing gum, lozenges, hard candy and chewing tobacco).
- Do not bring valuables with you on the day of surgery (this includes: purses, money, jewelry, etc.).
- If possible, make arrangements for child care which will allow you to concentrate on recovering.
- You will be asked to arrive 1 ½ hours prior to the time of your surgery.
- If you are diabetic, you must check with your medical physician as to the dose and time to take your medication prior to arriving at the center.
- If you routinely take a medication that thins the blood, you must speak with your surgeon about when to stop this drug and if you may need any blood tests before surgery (i.e.: aspirin, Coumadin, Plavix, Naprosyn, Motrin).

IF YOU ARE HAVING A “LOCAL” PROCEDURE:

- You will be asked to arrive 1 hour prior to the time of your surgery.
- You may have a light breakfast the morning of your procedure.

If you are unable to keep your appointment for surgery or delayed in arriving, please call the surgery center as soon as possible at (717) 520-8200.
ON SURGERY DAY:

The day of your procedure can be rather stressful. The information in this section is meant to help reduce the stress.

• Bring the completed medication reconciliation form or your own complete list of all current medications (including vitamins & herbals) the dosage and frequency.

• Wear loose, comfortable clothing and simple shoes to make getting dressed after your surgery easy. Do not wear jewelry.

• Bring your insurance cards and driver’s license for the admitting process.

• If you wear glasses or contacts, bring the appropriate case for them since during your procedure you will not be wearing these.

• Whoever will be waiting for you should bring a sweater/sweatshirt to wear in the waiting room where the air temperature can be cool.

• There is a snack area with a vending machine and coffee/tea available to those waiting on patients.

• Escorts are asked to remain in the building while the patient is in surgery. If you must step out, please tell the receptionist.

• If you routinely take heart or blood pressure medication, you may take your regular dose the morning of surgery with a small sip of water.

Once you have gone through the admitting process, where you will be asked for your insurance cards and driver’s license to verify information and sign forms, a pre-op nurse will take you to the preparation area. While there, the nurse will take your temperature, pulse, blood pressure, respirations, and verify existing information with you. You will be asked to change into a patient gown and simply relax on a litter in the patient care area. The nurse will start an IV if ordered. Your clothing and personal items will remain under your bed and travel with you throughout the facility.

If you have dentures and are receiving anesthesia, you will be asked to remove them—please bring a storage cup with you.

Your anesthesiologist, surgeon, and operating room nurse will visit you in pre-op. They will re-verify information and answer any questions you may have. You will be in pre-op for about an hour.

After your surgery, you will be taken directly to the recovery room where you will again be monitored by nurses.
THE RECOVERY ROOM

Your escort will be allowed in the Recovery Room with you when it is appropriate. You will be offered crackers and a light beverage. The length of time you will be in the Recovery Room is totally dependent on the kind of procedure you have had, the type of anesthesia you had, your pain level, and your ability to tolerate fluids.

Once you are fully recovered, the nurse will review with you and your care-giver the instructions written by your physician which you are to follow at home. You will be given a copy of your discharge instructions to take home with you.

Please note: Everyone reacts to surgery differently. Some patients may need to be admitted to the hospital following the surgery for specific medical reasons. If the need arises, be assured that this decision will be made in conjunction with anesthesia personnel and your surgeon. You would be admitted to Hershey Medical Center.

WHEN YOU GO HOME

Please follow these instructions when you get home if you have had anesthesia/sedation:

• You must have your care-giver stay with you for the first 24 hours. You may be drowsy or dizzy.

• Rest and relax. You have just had surgery. Follow your doctors recommendations for resuming your normal activities.

• Eat a light meal when you get hungry. Eating too much, or heavy foods, may cause you to become nauseated.

• Remember to follow your doctors instructions on resuming any previous medications you had been on, as well as taking any pain medication prescribed for you.

• Do NOT drive, drink alcoholic beverages or operate heavy machinery or power tools for at least 24 hours after your surgery.

• If you feel you are experiencing any problems after your discharge, call your doctor’s office immediately. If your doctor is not available call the Emergency Room at your local hospital or 9-1-1 if it is an emergency.

The day after your surgery, you will receive a phone call from a member of our nursing staff to check on your progress.
IF YOUR CHILD IS HAVING SURGERY

Hershey Outpatient Surgery Center is a child friendly facility. Our surgeons perform several different types of children’s surgeries each year. Our nursing staff has had many years of experience in caring for children and understand the impact surgery has on them.

To make their day, and yours, a little less stressful, we recommend the following:

- If possible, arrangements should be made for the care of siblings. The child having surgery will need your full attention.
- Encourage your child to bring a favorite toy or blanket.
- If your child uses diapers, a pacifier, a bottle, or a “sippy” cup, please bring that along.
- Parent/care-giver will be asked to wear an identifying bracelet with the same information contained on the child’s bracelet. You may remove these once you are discharged from the facility.
- Parent/care-giver shall remain in the pre-op area with the child until the time of surgery.
- Parent/care-giver shall not leave the facility while child is having surgery.
- Parent/care-giver may be with the child during the recovery process as soon as Anesthesia/PACU nurse determines it is appropriate.
- Children ages 6 mos – 12 yrs will be asked to arrive at the facility one hour prior to surgery.
- Children ages 6 mos – 12 yrs: Food and fluid restrictions:

  - **Clear Liquids:** Not less than 4 hours before surgery
  - **Breast Milk:** Not less than 6 hours before surgery
  - **Infant Formula:** Not less than 8 hours before surgery
  - **Non-Human Milk:** Not less than 8 hours before surgery

  Clear liquids include: water, apple, cranberry, or white grape juice, plain jello, sprite, ginger ale.
ABOUT YOUR BILL

Hershey Outpatient Surgery Center (HOSC) will make every effort to keep this process as simple as possible.

You surgical procedure will generate several different bills:

• HOSC’s bill covers the use of the facility and all necessary supplies used during your surgical procedure.

• You will receive separate bills from your doctor and anesthesiologist.

• Other billable services that may be used during your surgery are laboratory and/or pathology charges.

Our facility works with your doctor’s office to make sure we have accurate insurance information. We will contact your insurance carrier if there is any question about our eligibility. If it is determined that you are responsible for the bill in its entirety or just a portion, we will call you before your date of surgery to make payment arrangements. We accept cash, personal checks, MasterCard and Visa.

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Hershey Outpatient Surgery Center . . . 
your safe alternative.
Welcome to Hershey Outpatient Surgery Center (HOSC) – your safe alternative to a hospital when you need surgery.

Hershey Outpatient Surgery Center is a multi-specialty surgery center serving the Hershey, Harrisburg, Lebanon and York areas. Located on a corner of the Hershey Medical Center grounds, we are easily accessible from Route 322. The facility opened in May, 2004 and offers its patients and families a state of the art facility with a professional nursing staff trained in the area of outpatient surgery. **Although we are in close proximity to Hershey Medical Center, we are totally independent.** Many of our physicians work at our center as well as Hershey Medical Center and we also have many private practice surgeons from the surrounding areas performing surgery.

Thank you for choosing Hershey Outpatient Surgery Center as your safe alternative when you need surgery. Remember, you may not have a choice about having surgery, but you can choose where to have your procedure. You can put your trust in us because we are focused on you.
PREPARING FOR SURGERY

Preparing for surgery, whether for an adult or child, can be a very stressful time. The staff at Hershey Outpatient Surgery Center (HOSC), from our receptionists to our health history nurse, from the anesthesia team to the nurses in the operating room and pre- and post-op unit, are focused on your safety and care.

Once your surgeon has informed H.O.S.C. of your pending procedure, you will receive a call from our Health History Nurse within 48 hours prior to your surgery date. She will ask you a series of questions about your past and present medical history. It is very important to inform her of all medications you are taking, any previous surgeries you’ve had, and any allergies you may have. By providing us with the most accurate details about your health we will be able to customize your care during your stay with us.

Depending on your age and medical history, you may need to have a few minor tests prior to your surgery to further assure the safest of outcomes for you. You will receive instructions for any tests from your surgeon’s office. The results from these tests will automatically be forwarded to your surgeon and our surgery center.

Prior to the day of surgery, if there are any changes in your physical condition, please notify your surgeon’s office. The doctor may choose to postpone your surgery.

If you are having any anesthesia or sedation, you must have someone accompany you to the surgery center, drive you home after your surgery, and stay with you overnight. All patients having a “pain” procedure are required to have a driver to transport you home.

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Your Date of Surgery: ____________________________

Arrival Time is: ________________________________

Your Surgeon is: _______________________________
MISSION STATEMENT

Hershey Outpatient Surgery Center is dedicated to providing patients and families with a safe, professional and efficient atmosphere in the provision of outpatient surgical care. A continuous quality improvement program serves to enhance our patient’s outcomes while also focusing the entire staff on quality care and customer service.

It is the mission of the center to provide excellence within a customer focused, service-oriented environment.
We are conveniently located near Routes 322 and 422. East of Hershey Medical Center, turn onto Cherry Drive and continue until you see our building.

This facility is managed by Titan Health Corporation. www.titanhealth.com